

PRESCRIPTION / LETTER OF REFERRAL

“THE FOLLOWING PRESCRIBED TREATMENT IS MEDICALLY NECESSARY”

Referral Physician: _____ Patient Name: _____ DOB _____
NPI# _____ Address _____
Address _____ City, St, Zip _____
Phone _____ Phone _____

Referred to: (Provider) Ramon Mascarenas, LMT
IL License #227.015844
NPI#1831596899
EIN#46-3805226

PalmLeaf Massage Clinic
at HealthSmart
2565 Shermer Rd,
Northbrook, IL 60062
Office 847.272.1000

PalmLeaf Massage Clinic
at Touch of Health
355 W Dundee Rd,
Buffalo Grove, IL 60089
Office 857.990.1170

Any of the following Physicians' Current Procedural Terminology, CPT™ procedures and / or modalities, that are within this therapist' scope of practice, training & / or State & / or Patient's Insurance Policy regulations, may be used as therapist deems necessary during any treatment session. Normally four units are allowed per visit. A Unit = 15 minute segments of time. Conditions or prescription may require more units.

PROCEDURES & MODALITIES — CPT Code

Procedures: A manner of effecting change through the application of clinical skills and/or services that attempt to improve function. Physician or therapist required to have direct (one on one) patient contact. Therapeutic Process, one or more areas. Modalities: Any physical agent applied to produce therapeutic changes to biologic tissue; includes but not limited to thermal, acoustic, light, mechanical, or electric energy.

- 97010 Application of a modality to one or more areas; Hot or Cold Packs (as necessary)
- 97112 Neuromuscular Therapy
- 97124 Massage Therapy (Basic Massage including swedish, effleurage, petrissage, and/or tapotement (stroking, compression, percussion)
- 97039 Unlisted Modality, by report
- 97139 Unlisted Procedure, by report
- 97140 Manual Therapy (Advanced Massage Therapy Techniques - mobilization/ manipulation, manual lymphatic drainage, manual traction), one or more regions, each 15 minutes. You may also document myofascial release using this code.
- 97110 Therapeutic exercises -The health care provider and/or patient perform therapeutic exercises to one or more body areas to develop strength, endurance, and flexibility.
- Other _____

PHYSICIAN'S DIAGNOSIS OF PATIENT — ICD-10

- G43.909 Migraine Unspcfd
- R51 Headache
- S13.4XXA Sprain of ligaments of cervical spine, initial encounter
- S13.8XXA Sprain of joints and ligaments of other parts of neck initial encounter
- S03.4XXA Sprain of jaw, initial encounter
- S43.80XA Sprain of other specified parts of shoulder girdle, initial encounter
- S43.80XA Sprain of other specified parts of shoulder girdle, initial encounter
- S43.80XA Sprain of other specified parts of shoulder girdle, initial encounter
- S43.409A Unspecified Sprain of unspecified shoulder joint, initial encounter
- S46.919A Strain of unspecified muscle, fascia and tendon at shoulder and upper arm level, unspcified arm, initial encounter
- S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
- S23.8XXA Sprain of other specified parts of thorax, initial encounter
- S33.5XXA Sprain of ligaments of lumbar spine, initial encounter
- T14.90 Injury, unspecified
- S73.109A Unspecified Sprain of Unspecified Hip, initial encounter
- S73.919A Strain of unspecified muscles, fascia and tendons at thigh level unspecified thigh, initial encounter
- S33.9XXA Sprain of unspecified parts of lumbar spine and pelvis, initial encounter
- S33.8XXA Sprain of other parts of lumbar spine and pelvis, initial encounter
- M54.14 Radiculopathy, thoracic region
- M54.15 Radiculopathy, thoracolumbar region
- M54.16 Radiculopathy, lumbar region
- M54.17 Radiculopathy, lumbosacral region
- M54.30 Sciatica, unspecified site
- S83.90XA Sprain of unspecified site of unspecified knee, initial encounter
- S86.919A Strain of unspecified muscle and tendon at lower leg level, unspecified leg, initial encounter
- S93.409A Sprain of unspecified ligament of unspecified ankle, initial encounter
- S96.919A Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
- S93.609A Unspecified Sprain of unspecified foot, initial encounter
- S96.919A Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
- M62.50 Muscle wasting and atrophy, not elsewhere classified, unspecified site
- M62.40 Contracture of muscle, unspecified site
- M62.838 Other Muscle spasm
- M60.9 Myositis, unspecified
- M79.1 Myalgia
- M79.7 Fibromyalgia
- M62.9 Disorder of muscle, unspecified
- _____

PLAN OF CARE / COMMENTS Patient to return or call, prior to renewal of prescription Times Per Week: _____ for _____

Weeks | Times Per Month: _____ for _____ Months | Total Visits This Script _____

Physician Signature: _____ Date: _____

ICD-9 Conversion to ICD-10

ICD 9	DESCRIPTION	ICD10	DESCRIPTION
346.90	Migraines Headache	G43.909	Migraine Unspcfd
784.0	Headache	R51	Headache
847.0	Cervical Inc Whiplash Injury Sprain	S13.4XXA	Sprain of ligaments of cervical spine, initial encounter
		S13.8XXA	Sprain of joints and ligaments of other parts of neck initial encounter
848.1	Jaw (TMJ & Ligament) Sprain/Strain R_ L_	S03.4XXA	Sprain of jaw, initial encounter
723.1	Cervicalgia (pain in neck)	M54.2	Cervicalgia
840.3	Insfraspinatus Sprain/Strain R_ L_	S43.80XA	Sprain of other specified parts of shoulder girdle, initial encounter
840.5	Subscapularis Sprain/Strain (muscle) R_ L_	S43.80XA	Sprain of other specified parts of shoulder girdle, initial encounter
840.6	Supraspinatus Sprain/Strain (muscle) R_ L_	S43.80XA	Sprain of other specified parts of shoulder girdle, initial encounter
840.9	Shoulder and Arm (unspecified site) R_ L_	S43.409A	Unspecified Sprain of unspecified shoulder joint, initial encounter
		S46.919A	Strain of unspecified muscle, fascia and tendon at shoulder and upper arm level, unspecified arm, initial encounter
841.9	Elbow & Forearm (unspecified site) R_ L_	S53.409A	Unspecified Sprain of unspecified elbow, initial encounter
		S56.919A	Strain of unspecified muscle, fascia and tendon at forearm level unspecified arm, initial encounter
842.00	Wrist Sprain/Strain (unspecified site) R_ L_	S63.509A	Unspecified sprain of unspecified wrist, initial encounter
		S66.919A	Strain of unspecified muscle, fascia and tendon at wrist and hand level, unspecified hand, initial encounter
354.0	Carpal Tunnel Syndrome R_ L_	G56.00	Carpal Tunnel Syndrome, unspecified upper limb
842.10	Hand Sprain/Strain R_ L_	S63.90XA	Sprain of unspecified parts of unspecified wrist and hand, initial encounter
		S66.919A	Strain of unspecified muscle, fascia and tendon at wrist and hand level, unspecified hand, initial encounter
724.1	Pain in Thoracic Spine	M54.6	Pain in thoracic Spine
847.1	Thoracic (dorsal) sprain/strain	S23.3XXA	Sprain in ligaments of thoracic spine, initial encounter
		S23.8XXA	Sprain of other specified parts of thorax, initial encounter
847.2	Lumbar Sprain/Strain	S33.5XXA	Sprain of libaments of lumbar spine, initial encounter
848.9	Pelvis (unspecified site) Sprain/Strain	T14.90	Injury, unspecified
843.9	Hip & Thigh (unspecified)	S73.109A	Unspecified Sprain of Unspecified Hip, initial encounter
		S73.919A	Strain of unspecified muscles, fascia and tendons at thigh level unspecified thigh, initial encounter
846.9	Sacroiliac Region (unspecified site) Spr/Str	S33.9XXA	Sprain of unspecified parts of lumbar spine and pelvis, initial encounter
847.3	Sacrum Sprain/Strain	S33.8XXA	Sprain of other parts of lumbar spine and pelvis, initial encounter
724.4	Lumbosacral Radiculitis R_ L_	M54.14	Radiculopathy, thoracic region
		M54.15	Radiculopathy, thoracolumbar region
		M54.16	Radiculopathy, lumbar region
		M54.17	Radiculopathy, lumbosacral region
724.3	Sciatica (Neuralgia, Neuritis) R_ L_	M54.30	Sciatica, unspecified site
844.9	Knee or Leg Sprain/Strain R_ L_	S83.90XA	Sprain of unspecified site of unspecified knee, initial encounter
		S86.919A	Strain of unspecified muscle and tendon at lower leg level, unspecified leg, initial encounter
845.00	Ankle (unspecified site) Strain/Sprain R_ L_	S93.409A	Sprain of unspecified ligament of unspecified ankle, initial encounter
		S96.919A	Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
845.10	Foot (unspecified site) Strain/Sprain R_ L_	S93.609A	Unspecified Sprain of unspecified foot, initial encounter
		S96.919A	Strain of unspecified muscle and tendon at ankle and foot level unspecified foot, initial encounter
728.2	Myofibrosis, Muscles, Ligament, Fascia	M62.50	Muscle wasting and atrophy, not elsewhere classified, unspecified site
728.85	Spasm of muscle _____	M62.40	Contracture of muscle, unspecified site
		M62.838	Other Muscle spasm
729.1	Myalgia & Myositis	M60.9	Myositis, unspecified
		M79.1	Myalgia
		M79.7	Fibromyalgia
728.9	Unspecified Disorder of Muscle, Ligament, Fascia	M62.9	Disorder of muscle, unspecified